



# Les Powell School NEWSLETTER

**Volume 16**

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**19th October 2012**

## Dates to Remember

**Monday 29th October**  
Vaccinations

**Tuesday 6th November**  
Wheelies Visit

**Friday 23rd November**  
Orientation & Enrolment Day  
-New Students

**Thursday 29th November**  
Year 12 Graduation

**Friday 30th November**  
High School Excursion

**Tuesday 11th December**  
Annual Presentation Assembly

**Wednesday 12th December**  
Special Children Xmas Day  
-Rosehill

**Friday 14th December**  
Primary Excursion

**Wednesday 19th December**  
Students last day for 2012!

## Student Awards

**Infants 6**  
Sandy Lam

**Infants 7**  
Alex Pham

**Infants 8**  
Alec Hilton

**Primary 3**  
Sharif Zraika

**High School 2**  
Zoe McFarlane  
Usamah Khedier

## Principal's Report

### Welcome Back

As this is the first newsletter for term four, I would like to welcome back everyone and I trust that parents, carers, students and staff have had a relaxing spring vacation. We look forward to working with you as we have various important events and activities occurring this term which include:

- Community Group Meetings.
- Graduation.
- Orientation and new students enrolment day.
- International Disability day celebration
- School and Community sports days and 'Wheelies' motorised tricycles
- Special Children Christmas party.
- Students' yearly report.
- Celebration assemblies including Annual presentation (week 10).
- Students last day 19/12/12.
- Staff Development days 20 and 21 /12/12.

### Successful Priority Schools program (PSP) submission.

I am very pleased to inform you that our school's application to gain extra educational funding through the Priority Schools program has been successful. Priority Schools program is a special program which provides additional funding, staffing and consultancy services to identified schools to help improve students' learning outcomes. Our school's inclusion in the program again will be of great benefit to the school. I would like to acknowledge your concerted efforts and thank you for completing the PSP surveys during the year which certainly helped us retain the program.

I would also like to thank the PSP Team (Louise, Jyoutsna and Lucy) for ensuring that all our documents were promptly prepared and completed.

***Mr Sargon Makko***  
***Principal***

# News From The Classroom

Dear Parents and Carers,

High School 1 and 2 would like to say a BIG THANK YOU to all the people who volunteered and/or supported Les Powell School's fundraising BBQ for Wheels — our School Charity. The BBQ was held at the fabulous Masters Home Improvement store in Gregory Hills at the end of last term. We sold 400 sausages!! We raised a lot of money (about \$800) that will go towards supporting our Community !

Kind regards,  
Louise, Audrey, Leanne and Jennifer.



# Wheels Towards Independence

After much hard work by our WHEELS committee and the support of you, our parents and staff, we are proud to announce we took delivery of a new bus this week. It is a Toyota Hiace which is the same as our other smaller buses. This bus has been given to Helen and Jim as their bus had come to the end of it's useful life and was starting to cost us money. We are sure Helen and Jim appreciate driving a new vehicle.

With Christmas fast approaching and with more fundraising in mind it will not be long before notes will go home asking for donations for Christmas hampers. We will have to keep a look out for anything that is on special that may keep until that time.

We look forward to our final term of 2012, which will be a very busy term for everyone.

WHEELS Committee



## From the Office

### WORLD FESTIVAL OF MUSIC

#### Complimentary Tickets

The Lions Club of Bondi have been kind enough to give Les Powell School complimentary admission tickets to the "World Festival of Magic". Family entertainment which is guaranteed to amuse and astound the whole family. The longest running, continually touring magic show in the world!

For more information: [www.festivalofmagic.com](http://www.festivalofmagic.com)

**Where:** Sydney Convention & Exhibition Centre, Darling Harbour

**When:** Sunday 11th November 2012  
11:00am tickets or  
1:30pm tickets



Please fill in the slip below and return ASAP if you would like tickets. There are only a limited number of tickets so don't miss out! Once they have been exhausted there will be no more.

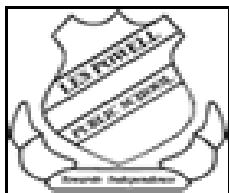
**Name:** ..... **Class:** .....

**Number of Tickets:** .....

**Please circle time:** 11:00am or 1:30pm

Return to Vicki 

## Les Powell School community group!



### My Time Mt Pritchard- *It's all about You!*

The MY TIME Miller Group is for all parents and carers of children aged 0 - 16 with a disability or chronic medical condition.

- ◆ MY TIME is a **FREE** support group where parents are invited to take part in a range of activities.
- ◆ My Time support groups recognise the increased stresses faced by carers and the need to create space for yourself in daily life.
- ◆ Children are more than welcome to come along as we have a play helper for the children to create meaningful activities for them during the group.
- ◆ It gives you a chance to speak, listen, learn and relax on a regular basis. It is a great group to be part of!



#### Lets all take a journey & WALK

- ⇒ Come and join the fun, get together & stretch your legs with an easy paced walk
- ⇒ Walking is free and an easy way to be more active
- ⇒ Water bottles will be supplied
- ⇒ Suitable for everyone and all abilities
- ⇒ All participants will be registered through the Heart Foundation

#### Calendar: Term 4, 2012

Come join in with parents, carers and guest speakers on various topics of interest. This terms topics will be on support services, pampering, and craft activities.

The Les Powell group will meet at 9.30am for a walk and then back to school for MY TIME group session.

#### When:

Tuesday 23rd October 2012

Tuesday 6th November 2012

Tuesday 20th November 2012

#### Contact:

For further information please call:  
Lucy Reggio: Phone: 0419 698157  
Email: [lucy.reggio1@det.nsw.edu.au](mailto:lucy.reggio1@det.nsw.edu.au)

In Partnership with



[www.mytime.net.au](http://www.mytime.net.au)  
The parenting Research Centre is the national coordinator of My Time on behalf of the Australian Government Department of Families, Community





# Les Powell School Community Newsletter



## CARERS WEEK 2012

**BE CARE AWARE** is the theme for Carers Week 2012. *Be Care Aware* focuses on the fact that carers keep on caring, and they need support. *Be Care Aware* encourages people to get to know more about unpaid family carers, who they are, what they do and how they can be supported. For more information about Carers Week visit <http://carersaustralia.com.au/events/carers-week/>

## Les Powell Community Diary

### REMINDER

OUR PARENT SUPPORT GROUP WILL RUN ON

TUESDAY 23RD OCTOBER 2012

TUESDAY 6TH NOVEMBER 2012

TUESDAY 20TH NOVEMBER 2012



**MyTime**  
**PROVIDER**  
*supporting parents of  
children with disabilities*

## My Time - It's all about You!

The **MY TIME** Miller Group is for all parents, and carers of children aged 0 - 16 with a disability or chronic medical condition.

### Eat to Learn

Come and learn from experienced accredited practising paediatric dietitian, Paula Tazzyman, as she discusses key nutrients to optimise children's learning, concentration and behaviour. This nutrition workshop will be practical, interactive and fun. See you there!

**When:** Monday October 29th, 2012.

**Time:** 9.30 – 11.30 am

**Cost:** FREE

**Where:** My Time - Miller Group  
Mission Australia – Yarra Room  
88 Shropshire St Miller



#### About Paula:

Paula graduated from the University of Sydney in 1995 with a Masters in Nutrition & Dietetics. Paula has worked with children and families for over 15 years assisting with advice on management of learning, behavioural and concentration issues.

Paula has an active role in educating parents and health care professional regarding the function nutrition plays in children's health and cognition. She is a regular speaker at different forums including national conferences.

Paula is passionate about the role nutrition can have to support the physical health and mental well-being of children as well as their school performance.

Find out more about Paula at [www.paulatazzyman.com.au](http://www.paulatazzyman.com.au) or on her professional Facebook page <http://www.facebook.com/pages/Paula-Tazzyman-Dietitian/180866515360313>

In Partnership with



[www.mytime.net.au](http://www.mytime.net.au)  
The parenting Research Centre is the national coordinator of My Time on behalf of the Australian Government Department of Families, Community Services and Indigenous Affairs.



Miller Community Preschool & Early Intervention Service

# Les Powell School Community Newsletter



## Les Powell Uniforms

Please see Uniform order, for term 4 summer orders.

Please complete the uniform order and return with full payment if you wish to place an order.

Please forward any enquiries to Lucy Reggio or Sharon Rutherford.

| ITEM                    | PRICE       | QTY     | SIZE | COST |
|-------------------------|-------------|---------|------|------|
| MICROFIBRE JACKET       | 4,6,8,10    | \$35.00 |      |      |
|                         | 12,14,16    | \$35.00 |      |      |
|                         | S,M,L,XL    | \$39.00 |      |      |
| TRACK PANTS             | 4, 6, 8, 10 | \$18.50 |      |      |
|                         | 12, 14, 16  | \$22.50 |      |      |
|                         | S,M,L,XL    | \$26.50 |      |      |
| SHORT SLEEVE POLO       | 4,6,8,10    | \$16.00 |      |      |
|                         | 12,14,16    | \$17.00 |      |      |
|                         | S,M,L,XL    | \$20.00 |      |      |
| LONG SLEEVE POLO        | 4,6,8,10    | \$18.00 |      |      |
|                         | 12,14,16    | \$19.00 |      |      |
|                         | S,M,L,XL    | \$22.00 |      |      |
| GIRLS CULOTTES (SHORTS) | 4,6,8,10    | \$22.00 |      |      |
|                         | 12,14,16    | \$24.00 |      |      |
|                         | S,M,L,XL    | \$27.00 |      |      |
| BOYS SHORTS             | 4,6,8,10    | \$18.00 |      |      |
|                         | 12,14,16    | \$20.00 |      |      |
|                         | S,M,L,XL    | \$24.00 |      |      |
| <b>Total</b>            |             |         |      | \$   |