



# Les Powell School NEWSLETTER

**Edition 17**

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**29th Oct 2015**

## Dates to Remember

**Wednesday 4th November**  
Vaccinations

**Tuesday 17th November**  
2016 Enrolment & Orientation

**Thursday 26th - Saturday 28th November**  
School Spectacular

**Friday 27th November**  
Santa Fun Run—Variety

**Tuesday 1st December**  
Choir Performance @  
Campbelltown 10am - 1pm

**Friday 4th December**  
Presentation Assembly

**Monday 7th December**  
High School Excursion

**Tuesday 8th December**  
Childrens Christmas Party  
Excursion

**Friday 11th December**  
Primary School Excursion

**Wednesday 16th December**  
Last Day of School for Students

## Student Awards

### Class 2A

Lydia Behnam

### Class 4J

Alannah Quach

### Class 8G

Laura Le

Jerhome Escubio

### Class 10J

Lynn Nguyen

Damian Pham

### Class 11C

Angela Ho

Said Hejazi

## Principal's Report



### Celebrating World Teachers' Day

At Les Powell School we acknowledge and celebrate school staff special days. Last term we celebrated School Administration and Support Staff Recognition Week and today Friday 30<sup>th</sup> October is World Teachers Day. This important day will give us the opportunity to acknowledge teachers dedication, skills, passion and many other valuable things teachers are achieving in our public schools. On behalf of the school community I would like to congratulate and thank Les Powell School teachers for their achievements and the contribution they make to our students and the school community.

### Congratulations to Sharon Rutherford

Mrs Sharon Rutherford was a proud recipient of Public Schools Director's award in the Liverpool network area. Sharon was nominated by the school for her commitment and services to the students and the community at Les Powell School. Mrs Rutherford has been associated with Les Powell School for the last eleven (11) years in various capacities including volunteer, member of Parents Support Group, Uniform Co-ordinator and most importantly as a Swimming Instructor. As a parent of a student with disability Sharon has been a tremendous support for many new parents and is a great advocate for people with disabilities and their rights. On behalf of the school community I would like to congratulate Sharon on her award and thank her for her services to Les Powell School.

### Protecting our Students

With the summer season fast approaching, flies and other summer insects are of concern during recess and lunch break especially for students with high support needs. Please be advised that from time to time teachers will write to you requesting insect repellent. I am asking parents and carers to send in the most appropriate insect repellent for their child. Can you please ensure that your child's name is clearly marked on the repellent. Please be advised that school staff will only administer the insect repellent sent by parents. This will help to avoid risk of allergy and skin irritation.

### **Mayor's Morning Tea**

Les Powell School was privileged to host a special morning tea for Liverpool Council Mayor Mr Ned Mannoun yesterday (Thursday 29<sup>th</sup> October). The event was organised by our Community Liaison Officer, Mrs Denise Bugeja for the school to formally acknowledge and thank the council for their continued support. Liverpool Council has funded the parents friendship formation program and were partners in the installation of the pool tracking hoist along with John Edmondson Memorial Club and Wheels-Towards Independence. The event was well attended by the school community and Mr Mannoun had numerous discussions with parents and visited many classes. I would like to thank Denise, Parents Support Group, the school community and class 8G for their warm welcome and serving of the food.

### **New Funding Model for Schools**

This week schools received their funding summary report as part of the new Learning Management Business Reform (LMBR). Using Resource Allocating Model (RAM) schools will see additional funding to support schools operation and student learning needs. The funding is also based on Family Occupation and Education Index (FOEI). It is anticipated that Les Powell School funding will be increased in 2016.

*Mr Sargon Makko*  
*Principal*

# News From The Classroom

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## 7D



As part of our Library lessons with Marise, 7D has been learning all about the history of Halloween!

We have also completed production of our music video and look forward to seeing the finished product!

We are also joining with 8G in the cricket program. A few sixers have already been hit!

David, Phon, Elena and Garry



# News From The Classroom

## 8G

8G and 7D are participating in an exciting cricket program called "MILOin2Cricket." Many thanks to **Cricket Australia** who have donated some fun equipment, and to Mark Rushton and Julie who are coaching the students in cricket skills.



Our gardens survived well over the school holidays and we returned to a bumper crop of carrots which we enjoyed munching on and also cooking in a stir fry.



Our Schools Spectacular rehearsals have begun in earnest and our dance troupe is getting fit and having lots of fun practicing in class and at Busby West Primary School. Many thanks to Denise and all the parents who are putting so much work into fundraising to help with the expenses for the 4 performances and the overnight stay in the city. Warm regards, Gina & Kim



# From the Office

## Whooping Cough Information for Schools

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children.

Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies.

Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.
- If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.

Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age. A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for [information for childcare and schools about whooping cough](#)



Lions Club of Bondi have generously given us tickets for the Festival of Magic held at the Hordern Pavilion, Moore Park Precinct on Saturday 14th November 2015. There are 3 different show times, so if you would like tickets please circle the show time and number of tickets required.

We have been given a limited amount of tickets, so once they are exhausted there will be no more.

Student Name: .....

Number of Tickets: .....

Show Time:      11:00am                  1:30pm                  4:00pm (Please circle one)

Return to the Office.



# Les Powell School Community Watch Newsletter

Hello everyone,

Lots of news to catch up on this week. Firstly, I'm sure a lot of you have noticed that our lovely mosaic art work is now fully installed. What a difference it makes to the top area. A huge thank you to all the students, staff and parents who participated in the project and a very big thank you to Natalie and Kathy from the House of Clay for all their hard work and organisation. On Thursday 29th, we had our Mayoral Morning Tea attended by Mr. Ned Mannoun who seemed very impressed with Les Powell School. The high tea was catered for by the parents group with our life skills hospitality students serving. It was a great success and my special thanks go to Suzannah Spirkovski and Shae Hejazi for their culinary efforts. A huge thank you to all the parents who brought in their own special little treats to make the day such a special one. It was very pleasing to see everyone involved and enjoying our great school.



## DIARY DATES

**Thursday 12th November:**  
Crazy Hair Day—\$2.00 donation



## Cake Sale

A Reminder about the flyer that went out last week regarding the cake sale. Last orders will be taken on the 19th November and cake orders will be distributed the following week. All cakes are hand made and baked fresh. Please order as many as you can to support our school to go to the 2015 School Spectacular.



## CRAZY HAIR DAY

Thursday 12th November

Another initiative to help raise funds to send our students to the school spectacular is a Crazy Hair Day for the students. We ask that you donate a gold coin.



Send your child to school with the craziest or most colourful hair.



Please join in the fun and help support a great cause.



Nutrition Snippet

## The simplest way

...to create a healthier brekkie.

Choose these simple, tasty swaps for your family's brekkie: they're fruit and vegie rich and will give you the energy to get through the day!



Swap this Breakfast	For these Healthier Options
White toast	<ul style="list-style-type: none"> <li>- Choose wholemeal</li> <li>- Add fresh tomato or avocado</li> <li>- Spread ricotta, top with sliced fruit for a sweet treat</li> </ul>
Flavoured milk	<ul style="list-style-type: none"> <li>- Make a fruit smoothie: blend frozen raspberries + honey + reduced fat milk + yoghurt</li> </ul>
Rice bubbles	<ul style="list-style-type: none"> <li>- Porridge or wheat biscuits topped with banana + a small amount of honey</li> </ul>

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
 or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



## NDIS UPDATE

Please keep an eye out over the next 2 weeks when and NDIS Plain English Guide will be sent home to each family so that you can keep updated on the introduction of the NDIS in July 2016.