

Les Powell School NEWSLETTER

Cnr Townview Road and Hoff Street, Mount Pritchard NSW 2170

Dates to Remember

Friday 17th Nov 17:
Graduation

Tuesday 21st Nov 17:
Immunisation (more details to follow)

Thu 23rd & Fri 24th Nov 17:
School Spectacular

Friday 1st December 17:
International Day of People with Disability Assembly
(Parents are welcomed. More details will be given closer to date)

Tuesday 5th Dec 17:
Variety Christmas Party

Friday 8th December 17:
School Presentation Assembly

Friday 15th Dec 17:
Last Day of Term 4 for students

Tuesday 30th Jan 18:
Term 1 begins for 2018

Principal's Report

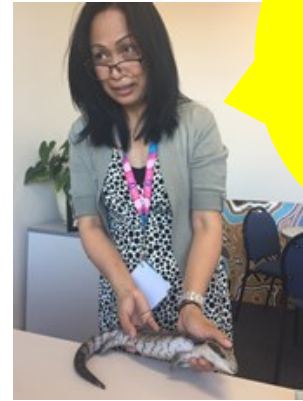
Dear parents and friends of Les Powell School
Welcome back everyone to what will be a term full of activities, events and actioning!

Even though Term 4 signals summer, spring did not want to be forgotten and gave us reminders by sending a few visitors our way:

Mariana and Sonia holding Hester, new school mascot?? Who fell out of her nest on a school tree



Cecilia does her best at *show & telling* of a rather large blue tongue lizard who crawled into the main playground



It was such a pleasure to come in on the first Monday of the term and be able to enjoy the new look to our school entrance and foyer.

Painters worked tediously throughout the school holidays to ensure all scheduled work to the front rooms in building A were completed before students returned. I very much enjoyed taking in the responses from our senior students during the first week, on seeing the new colours, plants and scents in the school's foyer.



Further changes to our buildings include the completion to the painting of building A, the hazard reduction of the 6 eucalyptus trees across the front of the school, landscaping to the front entrance, painting to the front of classrooms and the installation of a cola in the top playground. I know I can count on your patience as this environmental work is executed.

The school team is also working well on our teaching and learning programs. This will be visible in student reports at the of the term and as we transition to the 2018 new school year, in the way we communicate student learning and support plans (IEPs/ITPs) with our families.

Every year, schools are required to self-assess their learning, teaching and leading using the elements of the School Excellence Framework (SEF). During this term at Les Powell, we will be critically reflecting on our improvement efforts. This will then inform future directions that will be included in our school plan for the next three years.

As a school team, we have been reviewing our school policies. Following significant workup and contribution from staff and the state Sports Unit, the Hydrotherapy Program has been developed against the Personal Development, Health and Physical Education (PDHPE) syllabus and goes by another name: the Water Sports Program. Teachers will now be programing and reporting against this program. A copy of this document will available in the school foyer and a copy will be sent to you individually.

Also included in our busy schedule this term are a number of events that make up an integral part of our school's extracurricular activities calendar. For further details, please refer to the front of this newsletter regarding the Yr12 graduation, School Spectacular, International Day of People with Disability Assembly and our school presentation assembly.

Welcomes and farewells

Our best wishes for the future from all of the Les Powell School community go to the Ajoub family, who are moving to Queensland in Week 4. I know staff and students will miss Joe and wish him all the very best for a wonderful start in his new school.



I would like to take this opportunity to welcome our new school psychologist, Nahida Haoui to our school team. Nahida is keen to get to know students and families, so please let Vicki, Maria or Bernadette know, should you wish to arrange a time to meet with her.



Our thoughts, love and prayers are with Elena and her family.

Your Les Powell School family wish you a speedy recovery and are looking forward to having you back with us soon.

Have a wonderful Term 4 everyone, that is full of learning and growth!

Mrs Ace

Class 1F

It has been a very busy start to term 4. Everyone is back at school and working very hard. We all wish Geraltonio to get well soon and to see him back at school.

Our students have been busy painting and creating visuals for the four seasons. They have created very colourful paintings which we will use during our morning circle routine.

We have also continued with our community access and all students enjoy our shopping trips to Wetherill Park shops and also our visits to Plough and Harrow Park and our long walks.

Hydrotherapy is also continuing and all students are participating and enjoy their swimming time. They are increasing their water confidence, relaxing in the water and stretching and moving their limbs.

*Regards from
Fred, Haroula and Yanela*



Class 2L

Towards the end of term three, we started with the practicing of our item for the final school assembly of this year. In our team we have class 2L, class 12C, class 5M and class 7D. We have regular team assemblies every Friday morning in room 2. After presenting student awards for the week, followed by a few action songs, we all participate in the action song "Up On The Roof." The students seem to enjoy the rhythm of the action song and with a few more rehearsals, they should be ready for the main event.

Afterwards the students are rewarded with opportunities to select their own songs on the interactive white board. It is just great to see this cross section of the school work together and have fun together. We are looking forward to entertaining you at the end of year assembly.

Regards

Students and staff, Class 2L



Class 3C

As we come to the final term of the year, I would like to welcome everyone back to a wonderful and exciting term 4.

Our class is looking forward to the class excursion to Thirroul Beach this term. As we look forward to the warm summer days ahead, 3C is eager to participate and engage in various activities in the classroom.

Regards

Caroline, Darlene & Maryanne



Class 4C

We started this exciting term by getting back to previous activities that we enjoy a lot. These include using low and high technologies for choice making and participating in hand and eye coordination work. This term, we are looking forward to observe living things around us and to integrate what we learn into our classroom work. We have booked our excursion on the 7th of November at Symbio Wildlife Park in Helensburgh, NSW. We can't wait to experience hands on observation and interaction with wild life and farmyard animals on our excursion day.

Kindest regards,
Cecilia, Eda and class 4C



Class 5M

Welcome back to term 4, it will be a busy term with lots of events happening. The students love doing art work and enjoy the hydrotherapy session. We relax in the sensory library and listen to the music. Preparation have began for Halloween Day. We made the beautiful parrots, whales and jack-o-lanterns using tactile materials like feathers, soft pastels, crayons and googly eyes.

Regards

Annie & Ranjana



News From The Classroom 6M

Class 6M

Our class students have been safe, kind learners, particularly during our excursions, this semester. To celebrate how proud we are of them we thought we would share some of our highlights!

Kim and Mariana



News From 7D!

Welcome back to another exciting term in 7D. This term we are continuing our look at Australia and our role in this great country. Students have been finding their houses on google maps and comparing it with how far away they are from Les Powell School.

This term we are proceeding with our communication program and are enjoying our time with our class iPads.

We have also started some awesome looking Halloween art and craft that we can't wait to show you! We have also welcomed Jacinta and Maria into our class as SLSO's while Elena is away sick.

Finally here is our pun for the start of the term:

I was addicted to the hokey pokey... but thankfully, I turned myself around.

Garry, Elena, Maria, Jacinta and the boys of 7D.



Class 8G

Our community access trip on Mondays is a massive highlight with the students applying strategies taught in the class and enjoying the interaction with the community. Unfortunately the canteen will not be running this term due to school spectacular dance practice schedule commitments. I would like to take this opportunity to thank our students in 8G for all the hard work in running the canteen on Thursdays.

The class also participated in assembly during fruit week. Preparing, cleaning, cutting and presented fruit platters to all students, staff and parents. It is great to see our students working together and communicating with one another to achieve a common goal.

Stanton (Mon/Tues), Gina (Wed/Thurs/Fri) and Kim



Class 9A

Welcome back to our last term for 2017. The students came back full of energy and enthusiasm. They have displayed great participation during programs such as community access, sensory room and sport swimming.

We must also commend our class group as they displayed excellent behaviour and manners on our last excursion to Thirlmere Railway Museum last term.

Our end of the year excursion will be to Thirroul Beach on week 7. Any volunteers who wish to attend are most welcome. Please contact us.

**Regards
Ida & Andres**



Class 10J

Students from class 10J visited Thirlmere Railway Museum on Friday 15th of September. They enjoyed their journey to and from the venue and loved exploring different train carriages at the venue. All our students deserve to be congratulated for their excellent behaviour and participation during the excursion. Their level of participation and excitement can be seen in these pictures.

Class 10J is busy working on their class programs such as music, water sports, cooking and community access. We would like to congratulate our students for working hard towards achieving their goals for this semester.

We are all looking forward to go to Thirroul beach for end of the term excursion.

Regards
Jyoutsna and Sophie



Class 11C

Dear Parents and Carers

Term four started smoothly and all our students are back into their routine. We are all looking forward to a busy term ahead with many different school events taking place. Our class participated in an excursion to Sydney Park at St. Peters on Thursday the 26th of October. They had a fantastic day out there. We also had a class party to farewell Joseph Ayoub as this week will be last schooling at Les Powell School. Joseph is moving to Queensland with his family early next week. You will be greatly missed by your peers and teachers at Les Powell. We wish you all the best in your new school in Queensland.

Chandra and Kerri





Les Powell School Community Watch Newsletter

Hello everyone,

Welcome back to Term 4. As you will appreciate, Term 4 always seems to be the busiest term, and this year is no exception. We started the term off with our Carers Week Parent Day Out which was a lovely lunch at Grano in Wetherill Park. Everyone had a wonderful time. See photos on page 2.

I have planned another NDIS workshop for Friday 10th November on How to Upack Your NDIS Plan, Maximise your funds to meet your goals and the role of the Support Co-Ordinator. This workshop will be provided by Breakthru and gives a slightly different view on the way you access your NDIS Plan. Please make a note in your diary as numbers will be limited. Flyers will be sent out next week.

We are also in the planning stages of putting together a workshop on Sexuality. The forum will provide parents and carers of people with intellectual disability with the opportunity to find out how to support their family member's relationships and sexuality in a positive way. Attached to this newsletter is a flyer for a workshop in Ashfield this Saturday, run by Family Planning.

It is also now time to start thinking about the Christmas holiday break and vacation care for your child. Attached to this newsletter is a flyer from AFFORD with some vacation care details.

Our annual Christmas Lunch for parents and carers has been planned for Thursday 23rd November at the Restaurant Macarthur. Cost will be \$27.00 per head and vegetarian options will be available. Only a limited number of seats will be available so please return your RSVP quickly. Flyers will go out within the next fortnight.

In the last newsletter, I asked for some parent volunteers for a project I am working on to build a screen out of fence palings to place along one edge of the deck behind classroom 10. If you have a couple of hours to spare once per week to help with the painting, can you please email or message me so that I can organize a convenient time.

As the weather warms up, please do not forget to "slip, slop, slap"

Denise Bugeja

Phone: 9821-1711

Mobile: 0407957715

Email: denise.bugeja@det.nsw.edu.au

DIARY DATES

November 10th

Unpacking Your NDIS Plan Workshop
10-11:30am in the Library

November 13th

Orientation Day for new students
9:30am

November 23rd

Christmas Lunch—Parent Day Out
11:30-2:30 at The Restaurant Macarthur

UNIFORM SHOP

Summer uniforms are now in stock. If you wish to order, simply complete a uniform order and send it back to school. **You are now able to pay via credit card on-line only via the school website.** Cash and cheque are still accepted.

Your order will be filled and sent home with your child. **Or**, you will be contacted when the order is ready to be collected and paid for.

We also have an number of good quality second hand uniforms available for free.



Les Powell School Community Watch Newsletter

PHOTO GALLERY CARERS' LUNCH

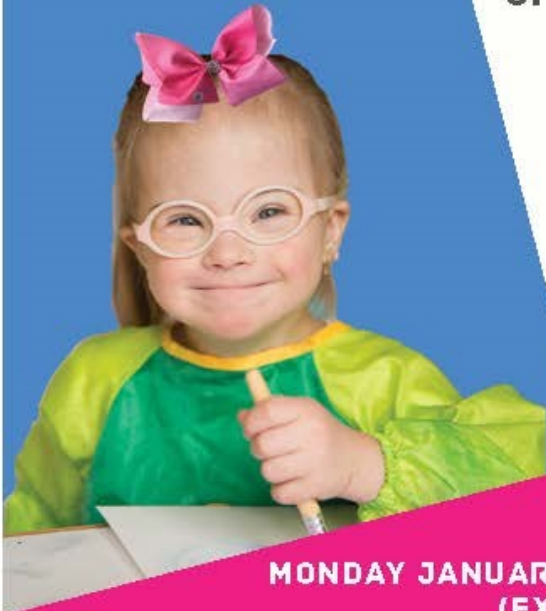




JOIN THE FUN AT AFFORD!

Register
Your Interest

LOTS OF FUN
ACTIVITIES TO ENJOY:-
MOVIES, OUTDOOR BALL
FUN, WATER PLAY,
CUPCAKE DECORATING,
MINI GOLF,
ARTS AND CRAFT, MUSIC
AND DANCING PROGRAMS
AND LOTS MORE!



afford

VACATION

CARE



FOR PARENTS/CARERS
OF CHILDREN WITH A DISABILITY WITH
AN NDIS PLAN
AGED 7 - 15 YEARS OLD
9.00AM - 3.00PM
MONDAY - FRIDAY
DURING SCHOOL HOLIDAYS



MONDAY JANUARY 8TH TO WEDNSDAY JANUARY 31ST, 2018
(EXCLUDING PUBLIC HOLIDAYS).

PENRITH REGION

RSVP: BY DECEMBER 15TH, 2017 TO REGISTER YOUR INTEREST!

CALL DAWN SEARLE TO SEE IF YOU'RE ELIGIBLE: 0466 146 029

DAWN.SEARLE@AFFORD.COM.AU



Les Powell School Community Watch Newsletter

Sexuality and Relationships Forum

A forum for parents and carers of people with intellectual disability of all ages

Date: Saturday 28 October 2017

Time: 1.00pm - 5.00pm

Venue: Family Planning NSW
328-336 Liverpool Road
Ashfield NSW

Cost: FREE - Funded by Wests Ashfield

To register please go to:
<https://fpnsw.wufoc.eu/forms/w1p28ra1o>
[v6&yt](#)

Limited places available and registration is essential.

Contact:
Abi Monaghan
P: 02 8752 4388
E: healthpromotion@fpnsw.org.au

Go to our website to register and for further information

www.fpnsw.org.au/media-news/events/sexuality-and-relationships-forum

Find out how to support your family member's personal development and sexuality in a positive way.

- Experienced presenters to answer your questions
- Choose from six interactive workshops (see over)
- Meet other parents
- Information and resources

The forum will include presentations and workshops on:

- Disability and sexuality
- Preparing for puberty
- Relationships and dating
- Supporting positive and safe sexual expression
- Tips for talking about sex and answering tricky questions

- Accessing the sex industry
- Sexual health

Parents, foster parents, relatives and other unpaid carers of people with disability are welcome. The forum will address sexuality issues across the lifespan including childhood, adolescence and adulthood.

We regret we are unable to provide respite/childcare



www.fpnsw.org.au | talkline 1300 658 886 | [bookshop](#)
clinical services & information | education & training | research | international development
Family Planning NSW is a not-for-profit organisation funded by the NSW Ministry of Health.

Participants will have the opportunity to attend two workshops. Participants can choose to attend one workshop from Stream 1 and one workshop from Stream 2. Please indicate your preferred workshops when you register.

Workshops Stream 1

- **Friendships and Relationships for Children (under 16).**
Liz Dore, Relationships and Private Stuff
This workshop will explore ways to support children and young people with disability in conversation skills, meeting people and making friends, and relationship development.
- **Sex Services for People with Disability.** Touching Base
This workshop will discuss options for adults with disability who want to access a sex worker including information about the sex industry, consent issues, resources and support.
- **Your Child's Developing Sexuality: What to Expect.** Nicole Allenden, Family Planning NSW
This workshop will discuss different types of sexual behaviours in children and adolescents using the traffic light system to distinguish between typical and concerning behaviours. How to respond to these behaviours will also be discussed.

Workshops Stream 2

- **Dating and Relationships for Young Adults (16+).**
Liz Dore, Relationships and Private Stuff
This workshop will explore ways to support young people and adults with disability in meeting people, dating skills and intimate relationship development.
- **Puberty and Boys.** Ee-Lin Chang, Family Planning NSW
This workshop will discuss ways to prepare and educate boys with disability about puberty including self-esteem, body changes, hygiene, appropriate behaviours and masturbation.
- **Puberty and Girls.** Erin Donnelly, Family Planning NSW.
This workshop will discuss ways to prepare and educate girls and women with disability about sexuality issues including self-esteem, body changes, menstruation management, contraception and health check-ups.

